

Dates of revision: 2021 March

You should read this written explanation before use. Please keep it so that you can read it when you need to.

Third-Class OTC drugs

For rough skin on the elbow, knee, and heel, etc.

エクテマ® クリーム ECTEMA Cream

Emollient

MADE IN JAPAN

ECTEMA Cream, containing 20% of Urea, allows hardened skin to softened, and make the hardened heels, dried hands/fingers, darkened rough elbows, knees, and ankles to smooth and moist.

【Precautions】

When not to use the product (If you do not follow these instructions, the current symptoms may worsen or adverse reactions are more likely to occur.)

The medicine should not be used on the following parts.

- ① Periorbital area, Mucosa, etc.
- ② Wounds such as scratch wounds etc. and fissures (cracks) parts
- ③ Areas where skin comes off like a scab
- ④ Parts with an inflammation (erosion, red swelling areas)

Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before use.
 - ① Patients undergoing medical treatment from a physician.
 - ② Patients who have experienced allergic symptoms associated with drugs, etc.
2. If the following symptoms are observed after using this drug, these may be adverse reactions, so immediately discontinue the use, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

Areas Concerned	Symptoms
Skin	Rash/Redness, Itching, Irritation (Pain, Hot sensation, Tingling sensation), and conditions that skin comes off like a scab.

3. When symptoms do not improve even after using this medicine for about 2 weeks, stop using this medicine and consult a physician, pharmacist or registered salesperson, being sure to take this instruction leaflet with you.

【Indication】

Rough skin on the hands/fingers, Keratosis of elbows/knees/heels/ankles, Dry skin of elders, and shark skin.

【Dosage and administration】

Apply an appropriate amount to rub it gently into the affected lesion several times a day.

[Precautions of dosage and administration]

- ① Follow the dosage and administration as specified.
- ② Attention should be paid so that the medicine will not come into contact with eyes. If the medicine comes into contact with eyes, immediately rinse them with water or lukewarm water. If the symptoms are severe, seek an ophthalmologist for medical treatment.
- ③ When allowing children to use the medicine, a guardian must be present to watch and tell such them how to use it.
- ④ This medicine is only for external use.
- ⑤ As this is not a cosmetic product, it should be used only on the affected area as specified in the “Indication”, and do not use it on the face for the basic cosmetic (skin-care) purpose.

[Ingredient and amount] per 100g

Urea···20g

Contains Glycerin, White petrolatum, Stearyl alcohol, Propylene glycol, Polyoxyethylene hydrogenated castor oil 60, Glyceryl monostearate, Paraben as additives.

[Precautions for storage and handling]

- ① Do not touch the eyes or other mucous membranes with hands that have this medicine them.
- ② Seal hermetically and store in a cool, low humidity place away from direct sunlight.
- ③ Keep out of reach of children.
- ④ Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
- ⑤ Do not use any medicine after the expiration date.

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